

## Table of Contents

Preface

Quick quiz

### 1. Introduction to behaviour problems

- \* Child centred effects
- \* Effects on teachers
- \* Effects on other children
- \* Behaviour problems in the classroom: what are they?
- \* Specific classroom behaviour problems
- \* Classroom management: behavioural approach

### 2. The effective teacher

- \* Withitness
- \* Pace and predictability
- \* Focus on positive behaviours and minimise reprimands
- \* Clear expectations
- \* Summary

### 3. Establishing a positive environment

- \* Establishing class rules
- \* Developing positive behaviours in your classroom

### 4. Giving effective instructions and praise

- \* Giving effective instructions
- \* Giving instructions to the whole class or small groups
- \* Giving instructions to a child
- \* Using praise in the classroom

### 5. Consequences for problem behaviours

- \* Establishing logical consequences in the classroom
- \* Time-out procedures for the classroom
- \* Summary

### 6. Specific behaviour problems - using the teacher tip sheets

- \* Identify the problem
- \* Implement the intervention
- \* Plan for maintenance of appropriate behaviour
- \* Do a follow up in three months
- \* Summary

#### Teacher Tip sheets

- \* Talking out of turn
- \* Hindering other children
- \* Keeping on task
- \* Poor social skills
- \* Aggression
- \* Withdrawn children
- \* Disorganised children

### 7. Parental involvement in behaviour management

- \* Engage parents from the beginning of the year
- \* Provide feedback for appropriate behaviour
- \* Provide feedback for inappropriate behaviour
- \* Parent/teacher conference

## 8. Targeting specific groups

- \* Attention Deficit Hyperactivity Disorder (ADHD)
- \* Divorce and separation
- \* Middle years of School

## 9. Looking after yourself

## 10. Final word

## References

Appendix - Prize vouchers, token and certificate

## About the Authors

Emma Little is a Psychologist and Lecturer specialising in Educational and Developmental Psychology. She has worked in schools and classrooms with teachers to help them develop effective classroom management strategies.

Emma worked in conjunction with classroom teachers to develop and implement the specific strategies detailed in this book.